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Northeast Prevention Coalition

A program of Northeastern Vermont Regional Hospital



Who We Are

The Northeast Prevention Coalition (NPC) represents Northeast Kingdom communities in support of healthy choices. The NPC serves Caledonia and southern Essex Counties of Vermont, a community of approximately 33,687. The NPC believes in community collaboration toward the same goal: reducing substance misuse amongst youth.



Why We're Here

Young people who use alcohol, marijuana, tobacco and other substances are more likely to develop substance use disorder in their lifetime than those who delay use until after age 18 or later. The 2021 Youth Risk Behavior Survey shows that in Caledonia County 23% of high school students currently drink alcohol and 16% of high school students currently use cannabis.

Recognizing that the adolescent years are one of the most critical for brain development, we come together as youth, parents, educators, health providers, and community members to reduce youth substance use in our communities, schools, and towns.



Adolescent Substance Use: America's #1 Public Health Problem." Partnership to End Addiction. <u>https://drugfree.org/reports/adolescent-substance-use-americas-1-public-health-problem/#:~:text=90%25%200f%20Americans%20who%20meet.at%20age%2021%20or%20older</u>. Accessed 16 January 2024.

Coalition Highlights!

Substance Misuse Prevention Specialist and Coalition Coordinator joined the Coalition

Partnered with Northeast Kingdom Council on Aging for targeted ad campaigns, including - Alcohol effects on the aging popultion & Safe use, storage, and disposal of prescription medications to reduce youth access

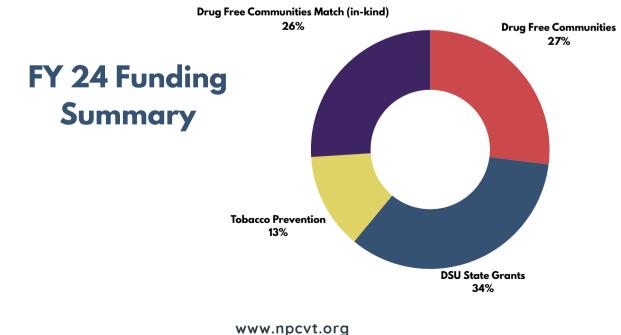
Hired 2 Youth Engagement Leaders to support youth community engagement

Continued annual collection data from local midddle & high schools regarding youth substance use of cannabis, alcohol and tobacco

Provided over 750+ copies of The Parent Handbook to schools and community providers through a partnership with Operation Parent

Partnered with OutrightVT on 2-day LGBTQ+ Training Institute for youth servicing professionals. 25+ individuals attended, 11 from local schools!

Distributed 600 stickers highlighting youth based prosocial norms for substance use in Caledonia County, Vermont



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