



Northeast Prevention Coalition

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A program of
Northeastern Vermont Regional Hospital



Who We Are

The Northeast Prevention Coalition (NPC) represents Northeast Kingdom communities in support of healthy choices. The NPC serves Caledonia and southern Essex Counties of Vermont, a community of approximately 33,687. The NPC believes in community collaboration toward the same goal: reducing substance misuse amongst youth.

What We Do



COMMUNITY HEALTH



EDUCATION



YOUTH ENGAGEMENT



TOWN PLANNING

Why We're Here

Young people who use alcohol, marijuana, tobacco and other substances are more likely to develop substance use disorder in their lifetime than those who delay use until after age 18 or later. The 2021 Youth Risk Behavior Survey¹ shows that in Caledonia County 23% of high school students currently drink alcohol and 16% of high school students currently use cannabis.

Recognizing that the adolescent years are one of the most critical for brain development, we come together as youth, parents, educators, health providers, and community members to reduce youth substance use in our communities, schools, and towns.



Adolescent Substance Use: America's #1 Public Health Problem." Partnership to End Addiction. https://drugfree.org/reports/adolescent-substance-use-americas-1-public-health-problem/#:-:text=90%25%20of%20Americans%20who%20meet_at%20age%2021%20or%20older. Accessed 16 January 2024.

Coalition Highlights!

Teamed up with St. Johnsbury Community HUB and Kingdom Recovery Center to support our neighborhood's effort to prevent substance misuse

Worked with St. Johnsbury Community HUB to hold a PITCH Contest, where we gave \$1,000 each to three community members to bring their prevention ideas to life with youth and families.

Kept gathering yearly data from local middle and high schools on substance use and how harmful students think it is

Gave a "Too Good for Drugs" program to a local elementary school for grades K-8 and to a high school for grades 9-12. This program will start in the 2024-2025 school year

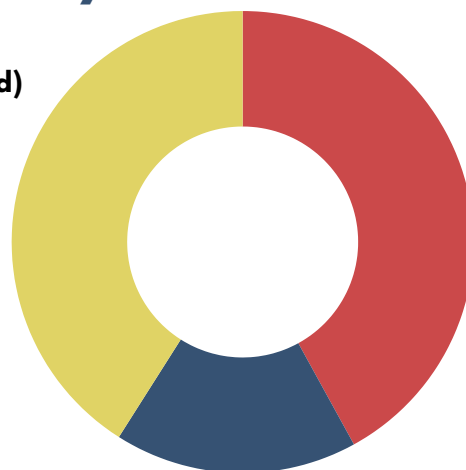
Helped a local high school that serves at-risk youth update their substance use policy to focus on support and growth rather than a punitive response

Teamed up with the local Army National Guard to run a monthly "Move Your Body" event for kids during the summer, helping to keep them active and avoid boredom

Offered two-part Drug Impairment Training (DITEP) to local teachers and professionals who work with youth

FY 25 Funding Summary

Drug Free Communities Match (in-kind)
41%



Drug Free Communities
42%

Vermont Department of Health Division of Substance Use Programs Grant
17%

www.npcvt.org

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